

Spring Forward in 2008

M O T I V A T I N G U M I N I S T R I E S , L L C

SPRING FORWARD

SPECIAL POINTS OF INTEREST:

- Spring Forward
- Endure the Showers, Enjoy the Flowers
- Speaking to the Heart of your Child
- Blessed to be Balanced
- Join PWCOT
- Healthy Marriage Conference

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It's that time again to spring forward into what many hope to be a restful, successful, and balanced new year. But as you know, nothing is going to just happen. Regardless of what you're expecting, you must set the pace for completing the race in which you are destined to run this year. No more excuses, no more "good" reasons for failing, and no more crying about missed opportunities. Time is of the essence. January has come and gone, so New Year's Resolutions have been made, and in many cases, abandoned. February came and went, so the love that kept us floating has diminished. Now we are well into March, a time when most people begin to kick life into a higher gear. The focus

turns from New Year's resolutions and chocolates, to springing forward with the time



Time flies when we're having fun...

and doing a little spring cleaning at home. We set the clocks an hour ahead and take a brief inventory of the stuff in our house so that we may decide what needs to go. We reset the clocks and get rid of the clutter. But what about our lives? We forget that our lives sometimes need to be reset at a different pace and freed from all of the clutter

we've pick up from the past. When we reset our clocks, most of us will prepare ourselves the day before the time actually changes by going to bed early or getting prepared sooner. Why not spring forward into your destiny with a little extra preparation? No one asks you if you are ready to lose an hour, you just wake up and the hour is gone. Failing to prepare will prepare you to fail. When you begin to spring clean, you don't keep what you don't use. You get rid of it before you can make up a reason to keep it around. Do yourself a favor, prepare now for your future and get rid of the clutter. Remember, time flies, so you've got to be prepared if you want to soar.

TIPS FOR SPRING CLEANING...

Here are some helpful tips for successful spring cleaning:

- ◆ **Do** let go of anything you haven't used in over 3 months.— Try not to make excuses for anything that's hanging around and just taking up space.
- ◆ **Do** let some things go.— Avoid holding onto anything that can potentially hold you back.
- ◆ **Do not** assume that what's broken should be fixed.—You may find that replacing an item can last longer than repairing it. Conduct an assessment and make a lasting decision.
- ◆ **Do not** forget why we do spring cleaning.— If you can't use it, then lose it.

ENDURE THE SHOWERS, ENJOY THE FLOWERS

Through ups and downs, tears and smiles, life somehow happens. Living in Texas has provided me the opportunity to get used to some very unstable weather. One day it can be ice or snow on the ground, reeking havoc on those of us who dare to drive in it. But the very next day, the storm will have passed and the blaring sun is out, making for an all too comfortable sunny day. In the likes, most Texans know not to get too comfortable because a new

storm could blow through at any moment, but that does not change the way Texans feel about Texas. Everywhere you look you will see various signs of people who are truly proud to be a Texan. Why? Shouldn't the unstable weather changes make life in Texas stink? Well, just as the weather changes without our permission, so does life. Many of us have experienced sudden changes in our lives, but we've learned that one incident or another does not make life

stink. As many Texans believe, we hold on to the truth that if we endure the showers we may enjoy the flowers. We understand that life can not be all sunny or we will be scorched. We also know that rain does not last forever, but every now and again we need a good down pour to help us appreciate those sunny days all the more. As rain strengthens the soil for planting and growing, so does the rain in our lives strengthen us so that we may experience growth. Just

remember, the next time you are getting wet from the rain showers, grab an umbrella and enjoy the coming flowers.



**Who said April Showers
bring May Flowers?
Appreciate Sunshine and
Rain!!!**

SPEAKING TO THE HEART OF YOUR CHILD

Have you ever wondered why some children grow up and go in a different direction from what they were taught? More and more children are learning and following "their own way" at very early ages. Spending time with children of all ages has helped me to see that children want adults to speak to their hearts and not just their minds; however, the heart only knows the language of love, and love is communicated in various ways. If you have children,

young or old, take a moment to understand how to speak to their heart. You might be surprised at the lifelong difference your efforts will make.

Here are some helpful tips to speaking to the heart of your child...

- ◆ Teach your sons how to date. They will thank you when it's time to start dating.
- ◆ Teach your daughters what to expect on a date. You will find that

they will settle for nothing less than what you teach.

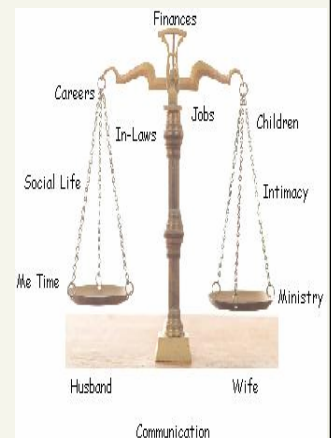
- ◆ Spend time talking at the dinner table about their expectations, dreams, and disappointments.
- ◆ Keep them talking and they will tell you what you need to know.
- ◆ Work on maintaining a healthy marriage. That's the best gift you can give to your kids.

BLESSED TO BE BALANCED

I hear a lot of chatter about living a blessed life. In the likes, I've heard the saying that a blessed life is a balanced life. But allow me to add to that saying. A blessed life is a balanced life, but a balanced life is only experienced by those who choose to remember. Remember what, some might ask. You must remember what's most important as opposed to what's not.

You must remember the good times when you are faced with the bad. You must remember that seasons come and seasons go, whether sunshine, rain or snow, you must be able to enjoy them all. But remembering is a choice. It is a decision that only you can make. No one appreciates sunshine like the one that experienced great rains. No one laughs louder than the

one that had to first deal with pain. If being blessed is all about being balanced, and being balanced is all about remembering, then you must never forget the one that takes us to "it", is also the one that will see us through "it". If you don't remember anything else that's said, always remember that God loves you and wants you to experience a Blessed Life, so be Balanced!



MOTIVATING U TO SOAR

Are you ready to move into your destiny or are you still waiting on the right time, place and opportunity to come your way? What's keeping you from moving forward? This is a great time to consider springing forward into your destiny, but are you ready? Have you discovered your passion? Are you connected to your dreams? You do know that you have a purpose that needs to be fulfilled before you leave this earth. You do know that you are equipped with everything you need to do what you need to do. The only

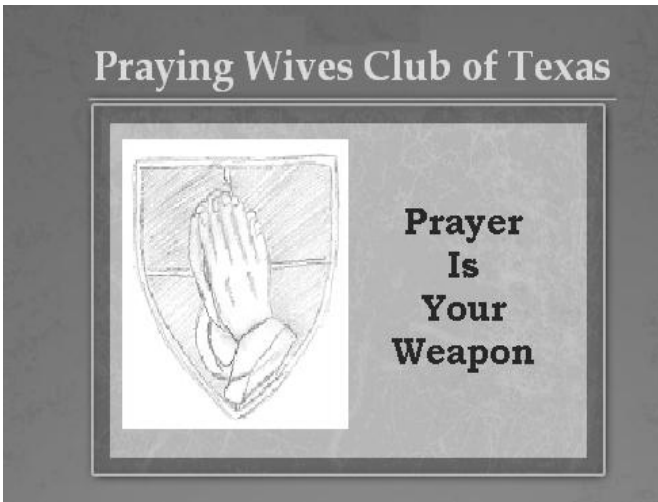
obstacle, then, at this point is you. The good news is that you do not have to keep standing in the way of your destiny. You can position yourself to achieve your dreams by getting in a place where you are motivated to soar.



You do not have to keep running

through time, just to stand in line, behind someone else who is going absolutely nowhere. Make a decision to stop walking with the chickens so that you may begin to soar with the eagles. Really, the choice is yours. Believe that you, too, can soar. If you are ready to spring forward, understand that help is near. Get a mental checkup so that you may be sure that your belief system is working properly. Request a free consultation today, and let one our therapists help you to get Motivated to Soar.

PRAYING AND TAKING IT BY FORCE...



You've heard about the ministry, now it's time to hear from some of the group. The Praying Wives Club of Texas, also known as PWCOT, is taking back families by force. Here's what one of the members had to say when asked about PWCOT:

"Yes, PWCOT is fertile ground for God to sow in. Prayers are being answered almost as quickly as they released from our lips. I am so thankful to God that PWCOT

is one of the tools that He is using to increase my faith. I thank God for how He is divinely connecting His body of believers, to do kingdom business in this season of our life. This is the Lord's doing and it is marvelous in our eyes. To God be the glory for the things He has done!"

Here's what another member had to say:

"Being involved with the Praying

Wives Club of Texas has allowed me to see the manifestation of God in many aspects of my life through prayer. When we get together to pray, God is truly in the midst; for where prayers have been sent up, only ultimate blessings have come down. It is through prayer that my marriage has been made strong; it is through prayer that my children have been blessed; and it is through prayer I have received peace of mind. I am so grateful to God that He chose me to be "divinely connected" to the women of the Praying Wives Club."

Just in case you are wondering, the Praying Wives Club is not just for "Married" women. There are many opportunities to be apart of this organization, whose ultimate goal is to put prayer back into the busy life and families. For that reason, PWCOT offers chapters in the following divisions: PWC for Singles, PWC for Women, PWC for Men, PWC for Families.

If you are interested in starting a chapter of PWCOT in your community, please log on to their website at www.pwcot.org or you may email them at info@pwcot.org.

"Make the decision to stop walking with the chickens, so that you may Soar with the Eagles!"

WE'RE ON THE WEB!
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Experiencing Greatness!!!

U P C O M I N G E V E N T S . . .

January 2008

- ◆ **Mentoring Brother 2 Brother Youth Symposium** at the University of Texas at Arlington— 1/26/08. for more info visit www.m2b2.org.

February 2008

- ◆ **Balancing the Scales: *When Life is Weighing you Down Workshop*** - 2/09/08, Radisson Hotel, Richardson, TX

March 2008

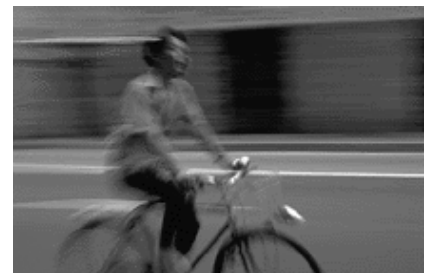
- ◆ **Good Friday Service** — 3/21/08, House of Refuge, Duncanville, TX

◆ “Celebrating Marital Bliss”

Marriage Education Conference, Life Matters Healthy Marriage Initiative, — 3/29/08, Friendship West Baptist Church, Dallas, TX

May 2008

- ◆ **Balancing the Scales: *When Life is Weighing you Down classes*** - 5/10, 5/17, and 5/24. Register today at www.motivatinguministries.com



**Whatever you do,
Don't let life pass you by...**